Dear Parents and Friends,

Winter cold is here and the misty rains and winds send me to look for warm shelter. Thank you to students and staff who supported the Walk a Mile in my shoes sleepover last Thursday night to raise awareness about homelessness. A special thanks to Elise for organising the event which has raised over $1,000 so far to support the Hutt St Centre. Donations can still be made at: https://give.everydayhero.com/au/walk-a-mile-in-my-boots-sleepout-mt-barker-waldorf

In the midst of this season, it’s great to see the Spring Fair committee with plans well underway for the time when the sun returns to warm us. Thank you to the Committee members for being so proactive. Meanwhile, before the Spring Fair arrives, there are several opportunities for us to gather as a community. This week we are hosting an Early Childhood Conference in our Eurythmy Hall. Everyone is welcome to attend. There are two evening talks being offered: One on Tuesday, 7:00pm in the Hearth with Louise will hold a conversation about the Journey through School free of charge and another on Wednesday at 6:30pm in the Eurythmy room on Feeling the Spirit of Childhood for a cost of $30. Also, please come join us for our Quiz Night on Saturday 24 August. Tables are filling up fast. Tickets are available from

“Knowing is not enough; we must apply. Willing is not enough; we must do.”

By Goethe
Important Dates

Term 3, Week 5

MONDAY
AUG 19
3.45pm Martial Arts in the Gym
6.30pm Class 11 P/T Mtng
7pm PSPG Meeting

TUESDAY
AUG 20
3.45pm Martial Arts in the Gym

WEDNESDAY
AUG 21
9am Parent Yoga
3.30pm Orchestra with Kai

THURSDAY
AUG 22
9am-10am Kindy Library open
2pm Class 5 Play

FRIDAY
AUG 23
9am Parent Craft Group
2pm Class 5 Play

Parent Talk
Supporting Children Through School Today
Tuesday, 13 August 7.00pm. Cost: Free

Parent Talk
Feeling the Spirit of Childhood
Wednesday, 14 August 6.30pm. Cost: $30

Principal Continues

our front office.
At this time of year, I’m always reminded of the story, Stone Soup where individually no one had enough to make a soup but together with each one bringing an ingredient the whole village could be fed with a wonderful hearty soup. In the spirit of community, please join us on Saturday morning, 24 August for a Working bee in the Early Childhood area. Then, join us for our Quiz Night in the evening.

It was a special moment to have Ivan Tiwu Copley, Peramangk and Kaurna Elder, offer a Welcome to Country and Smoking Ceremony to our community at our celebrations for the Official Opening of the new and refurbished buildings. A special thank you to him and a welcome acknowledgment that our school is on Peramangk land.

Helen Platell, JD | Principal

Class 12 Graduates

My name is Toby Elston and I have been at Mt Barker Waldorf School all the way through school since starting in Banksia Rose Kindy in 2006. The highlight for me, apart from the friendships I have made with my classmates, has been the school camps. This led me to base my Year 12 project on a hike that we did in Year 11, the Overland Track in Tasmania. I wanted to do a trek in winter in the snow and decided that choosing to do the same trek again during winter would be a suitable challenge. This time, instead of having teachers to oversee everything, I had to do the organisation myself. It was not safe to walk this track in winter by myself, so I chose to take my 16-year-old brother Rowan as my walking companion. Due to the difficulty and danger involved with doing this trek in winter, I spent a lot of time working on communication plans, contingency plans and making sure we had thought of everything we could possibly need. The full trek is 86kms and takes seven days, however we were prepared to be snowed in by bad weather and needed to take supplies for 9 days each. Drawing on skills we had developed through our years in cadets and our school’s outdoor education program we enjoyed the challenge. To hear more about my experience, you can come to my Year 12 Project presentation at the end of the year!

Toby Elston
Konnichiwa!

Our beautiful Japanese room will be celebrating its 15th anniversary on 6th September this year, and the school is preparing for the special day. So I would like to share some stories about Nadeshiko Japanese Room.

18 years ago from now Toshiko Owaga, a retired teacher from Japan, came to our school and worked as a volunteer assistant. She helped Midori-sensei for three months. She was very impressed with the school’s Japanese curriculum that Midori-sensei was running and the students were enjoying. She thought as a former educator she could contribute towards Japanese education in our school, and so Toshiko and her husband decided to donate $30,000 to build a Japanese style building so that the students could learn in a Japanese setting.

This was the beginning of the Japanese room project. Midori visited Japan many times to raise more funds. A graduate of the school drew the plan of the building with Midori. A carpenter from Japan came and donated his time to build the room. So many people contributed towards the building. The building project was completed and Midori and her students started to the room in 2004.

Toshiko named the building Nadeshiko, dianthus. The flower symbolisms associated with the dianthus are innocence, intelligence and confidence. Often the small but pretty flower of Nadeshiko is synonym of Japanese female.

Toshiko and Masahito, her husband, are visiting us to celebrate the 15th anniversary of Nadeshiko Room. On 6th September, High School students will participate in Japanese cultural activities and both High School and Primary School are having the ceremony in the afternoon and watch a Japanese performance. I do hope that all students and teachers will enjoy the day and remember the privileged we are to have beautiful Nadeshiko Room at our school.

Atsuko | Japanese Teacher
Dear Parents,

I am pleased that we are now able to offer an evening workshop for Birth To 3 year old. Please see attached flyer.

This is a wonderful opportunity for all parents, caregivers and professionals to learn more about the care and development of the young child and develop practical skills to support this.

I urge you to take up the opportunity to come together and develop skills that will take your family and children into the future.

It will be of great support even if your child is already older than 3 years old.

Brioni Pridham | Director Early Childhood Education
Best Practices for the Care of the Child from Birth to Three

“How do we strengthen our relationship and understanding of the Toddler (or Young Child)?”
with Katherine Scarff

Wednesday 14th August 2019
6.30pm-8.30pm
Eurythmy Room
Mount Barker Waldorf School

Please join us for an evening exploring the nature of the young child and how we can best nurture them.

“When we give our children half of our attention all of the time, they are always half hungry for us, but when we pay full attention part of the time, then that goes a long way. Our full attention is like serving our kids a hearty bowl of oatmeal in the morning. We stick to their bones.”

Magda Gerber

There will be presentation and discussion on age appropriate behavior and how to build our relationship with the toddler through caregiving.
We will touch on how to transition into sleep, eating with a toddler and tantrums.

Registration

Please email Brioni Pridham to register
bpridham@mtbarkerwaldorf.sa.edu.au

Payment (on the night) $30
Dear friends,
This year we are seeking donations of a different kind for our quintessential Quiz Night auction!

We are a very diverse and skilled community: you might be a fabulous cook, a great gardener, a talented crafter, a teacher of a skill, a wedding singer...

We are calling on you to donate your time & passion to our community so that we can share in your skill and weave our community closer. It would be wonderful to learn from you!

So your prize could look something like this: “3 course home cooked meal for 2” or “2 hours worth of cleaning for 3 weeks” or “10 hours of babysitting” or “2 hours of knitting lessons” etc. … you get the gist!

We have received offers of vegan birthday cake vouchers, a children’s birthday party, a counselling session… what can you add?

If you can contribute to our unique pool of auction items, please email Caroline - aspensjoe@hotmail.com - by Friday 9th August.

40/100 Committee
40/100 committee presents the 2019....

QUIZ NIGHT

Brainbending quizzes!
Fun and Games!

Get your sharpest friends together and book a team/table (max 8)

$15 per person

BYO Supper
Coffee/cakes avail to buy

Raising funds for 40/100 initiatives

7PM  Saturday 24TH August
Peace Memorial Hall
Littlehampton

To book 8391 0411
Melbourne Rudolf Steiner Seminar
Teacher Training in Rudolf Steiner Education.

What is Steiner education?
Do you want to become a Steiner teacher?

Information evening for enrolling in 2020
Tuesday 13th August 2019, 7.30 pm-9.00 pm.

Full time study in 2020

Join us on Tuesday 13th August 2019 from 7.30-9.00 p.m. at the Melbourne Rudolf Steiner Seminar to learn about our full-time accredited course, the Advanced Diploma of Rudolf Steiner Education (course code 10527NAT CRICOS 071548J).

Hear from graduates about their experiences, meet staff, get a feel for the beautiful campus, and find out about the rewarding career and ample employment options that await - there is a great demand for professionally trained Steiner teachers in Australia and overseas.

Our full time course, based upon the philosophy of Rudolf Steiner is aimed at:

- individuals seeking to become a qualified registered teacher, in order to work in both Steiner schools and/or the mainstream sector;
- practising teachers wanting to shift their career, to work in a Steiner school.

This course offers a pathway to a Bachelor of Education at Australian Catholic, Deakin and Charles Darwin universities.

This is an accredited two year full-time course. VET Student Loans and Austudy are available for eligible students.

Where: The Melbourne Rudolf Steiner Seminar

37A Wellington Park Drive, Warranwood, 3134, less than 10 minutes from the Ringwood exit of the Eastern Freeway and EastLink.

Please email us to confirm your attendance:
Email: office@steinerseminar.com
Phone: 03 9876-5199

Further information: www.steinerseminar.com
Does your child or teen have a SLEEP PROBLEM?

Does your child:
• refuse to go to bed at night
• have trouble falling asleep
• wake up and cannot get back to sleep
• have trouble waking up or getting out of bed in the morning
• often sleep in their parents’ bed or bedroom or need a parent present to help them fall asleep
• miss school or feel fatigued throughout the school day

The Child & Adolescent Sleep Clinic at Flinders University offers treatments for children and adolescents of all ages (including infants from 6 months of age). To book an appointment, please call or email us on the contact details below.

The Adelaide Hills Peer Support Network is for parents and carers of children with a disability, developmental delay or chronic medical condition including adolescent-aged children.
It will be a safe relaxed space to have a coffee and pleasant cake and talk with peers.
We can organise speakers if requested, or just sit and chat!
The format will be chosen by group members.
To find out more, please come to our first Adelaide Hills Peers Support Network.

Wednesday 7th of August
10am-noon
Parkinson
Blenstone Estate Sales and Information Office
71 East Parkway
Mount Barker
Please contact Shiron on 0417 896 921 or Donna on 8183 7172 for more information.

Calendar of Events
Head Heart and Hands Imaginative Play
SIA Main Rd Narre

Workshops for Adults
Making Weighted Baby Dolls
Saturday 17 August
9.30am to 2.30pm
Cost: $100 includes materials

Bookings Essential
ph 83880075

Opening Hours:
Wednesday to Friday 11am to 2pm
Saturdays 11am to 2pm
We are happy to open after hours by appointment: phone 0423207284
stargld@internet.com.au
You can find us on Facebook